


**It is not possible or appropriate for all residents to attend all activities.
Please see the Activity Aide on your Unit for details.**

MAY 2018

**Individual Exercises – Tuesday & Friday 9 - 11:30 in the Activity Room.
Group Exercises - Monday & Thursday 10:30 - 11 in the Activity Room**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30 RC Mass 1:30 Ballroom Dancers Village Square 4:00 Piano Harmony	2 1:30 Happy Hour with Jean Bedard Village Square	3 1:30 Bus Drive Floors Unit 2&3 1:30 Cooking Cedar 4:00 Piano St. Luke	4 10:30 RC Mass 1:00 Art Group Activity Room 1:30 Craft Tie-dye shirts Harmony 1:30 Sing Along St. Luke 1:30 Baking Humboldt	5 10:30 Hymn Sing 2:00 Movie Village Square
6 10:30 RC Mass 2:00 Piano Cedar	7 1:30 Movie Arbutus 1:30 Sing Along Harmony 1:30 Chimes Practice Activity Room 3:00 Rosary Prayer	8 10:30 RC Mass 1:30 Crafts with Students Village Square 4:00 Piano Douglas	9 10:30 Baptist Service 1:30 Bingo with Students Village Square	10 1:30 Sir James Douglas Music Students (Strings) in Village Square 4:00 Piano Harmony	11 10:30 RC Mass 10:30 Lunch Out 1:00 Art Group Activity Room 1:30 Snoezelen (3,5)	12 10:30 Hymn Sing 2:00 Movie Village Square
13 10:30 RC Mass 	14 11:00 United Church Service 1:30 Chamber Music Dogwood 1:30 Mother's Day Tea Activity Room 3:00 Rosary Prayer 3:00 Piano Cedar	15 10:30 RC Mass 1:00 1:1 time 1:30 Philharmonic Orchestra Chapel 4:00 Piano St. Joseph	16 10:30 Children's Program Chapel 1:30 Birthday Celebration with the Songbirds Village Square	17 1:30 Craft Royal Wedding Fascinators Activity Room 1:30 Baking St. Francis 1:30 News and Views Wisdom 4:00 Piano Humboldt	18 10:30 RC Mass 10:30 Plant Shopping Outing 1:00 Art Group Activity Room 1:30 Snoezelen (2,4)	19 10:30 Hymn Sing 2:00 Movie Village Square
20 10:30 RC Mass	21  Exercises Cancelled	22 10:30 RC Mass 1:30 Royal Wedding on TV and Tea Village Square 1:30 Reminisce Hope 4:00 Piano Harmony	23 1:30 Music with Rosie and Corrine Village Square	24 1:30 Gardening Blondin Green 1:30 Bus Drive Units 4&5 1:30 You Be the Judge St. Martha 4:00 Piano Douglas	25 10:30 RC Mass 1:00 Art Group Activity Room 1:30 Trivia St. Martha 1:30 You Be the Judge Dogwood	26 10:30 Hymn Sing 2:00 Movie Village Square
27 10:30 RC Mass 1:30 Anglican Communion	28 11:30 Lunch In Activity Room 1:30 1: 1 time 3:00 Rosary Prayer 3:00 Piano Dogwood	29 10:30 RC Mass 1:30 Choir Practice Grace 2:00 Target Theatre Performance on Dementia for Families & Staff Chapel 4:00 Piano St. Luke	30 1:30 Heritage Fashion Show Village Square	31 1:30 Movie Hope 1:30 Short Stories Douglas 4:00 Piano Harmony		