


**It is not possible or appropriate for all residents to attend all activities.
Please see the Activity Aide on your Unit for details.**

JULY 2018

**Individual Exercises – Tuesday & Friday 9 - 11:30 in the Activity Room.
Group Exercises - Monday & Thursday 10:30 - 11 in the Activity Room**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 10:30 RC Mass</p> <p>Happy Canada Day JULY 1st</p>  <p>Canada Day</p>	<p>2</p> <p>No exercises today</p> <p>Canada Day Stat</p> <p>5:45 Piano Cedar</p>	<p>3 10:30 RC Mass 1:30 Button-making Douglas 1:30 Choir Practice Chapel 1:30 Painting to Music St. Francis 4:00 Piano St. Luke 6:00 Bingo Village Square</p>	<p>4 1:30 Happy Hour with Byron Woods Village Square</p>	<p>5 10:30 Fisherman's Wharf Outing 1:30 Movie St. Martha 1:30 Cooking Cedar 4:00 Piano Harmony</p>	<p>6 10:30 RC Mass 1:00 Art Group Activity Room 1:30 Ladies Tea Blondin Green 1:30 Summer Trivia Arbutus 1:30 Colouring Meditation Hope</p>	<p>7 10:30 Hymn Sing 2:00 Movie</p>
<p>8 10:30 RC Mass</p>	<p>9 1:30 Movie Douglas 1:30 Outdoor Walks 3:00 Rosary Prayer 5:45 Piano Dogwood 6:00 Word Games Wisdom</p>	<p>10 10:30 RC Mass 1:30 Philharmonic Orchestra Chapel 1:00 1:1 Unit 3 1:30 Coffee and News St. Joseph 1:30 Choir Practice Harmony 4:00 Piano Douglas 6:00 Movie Village Square</p>	<p>11 10:30 Baptist Service 11:45 BBQ Blondin Green 1:30 1:1 time Units 2,3,4</p>	<p>12 1:30 Bus Drive Units 2&3 4:00 Piano Grace</p>	<p>13 10:30 RC Mass 1:00 Art Group Activity Room 1:30 Snoezelen Units 3&4</p>	<p>14 10:30 Hymn Sing 2:00 Movie</p>
<p>15 10:30 RC Mass</p>	<p>16 11:00 United Church Service 1:30 Outdoor Walks Units 3&4 1:30 Sing Along St. Luke 1:30 Short Stories Wisdom 3:00 Rosary Prayer 5:45 Piano Cedar 6:00 Snoezelen Unit 2 & 5</p>	<p>17 10:30 RC Mass 1:30 Choir Practice Chapel 1:30 Outdoor Walks 1:30 Quiz Blondin Green 4:00 Piano St. Joseph 6:00 Cocktails Blondin Green</p>	<p>18 10:30 Children's Program 1:30 Birthday Celebration with Jean Bedard Village Square</p>	<p>19 1:30 Chimes Practice Activity Room 1:30 You Be the Judge Fairfield 1:30 Button Making Wisdom 4:00 Piano Humboldt</p>	<p>20 10:30 RC Mass 1:00 Art Group Activity Room 1:30 Bus Drive Units 4 & 5 1:30 Ice Cream Social Blondin Green</p>	<p>21 10:30 Hymn Sing 2:00 Movie</p>
<p>22 10:30 RC Mass 1:30 Anglican Communion</p>	<p>23 1:30 Swing Music Village Square 3:00 Rosary Prayer 5:45 Piano Dogwood 6:00 Outdoor Walks</p>	<p>24 09:45 Flower Arranging Village Square 10:30 RC Mass 1:30 Philharmonic Orchestra Chapel 1:30 Choir Practice Harmony 1:30 Flower Bingo St. Joseph 4:00 Piano Harmony 6:00 Games Night Village Square</p>	<p>25 1:30 Memorial Service</p>	<p>26 1:30 Craft Blondin Green 1:30 You Be the Judge St. Martha 4:00 Piano St. Luke</p>	<p>27 10:30 RC Mass 1:00 Art Group Activity Room 11:30 Pizza Picnic and Music in the Park 1:30 Short Stories Blondin Green</p>	<p>28 10:30 Hymn Sing 2:00 Movie</p>
<p>29 10:30 RC Mass</p>	<p>30 1:30 Margaritas Blondin Green 3:00 Rosary Prayer 5:45 Piano Cedar 6:00 Sing Along Grace 6:00 Trivia St. Martha</p>	<p>31 10:30 RC Mass 1:30 Choir Practice Chapel 4:00 Piano Douglas 6:00 Ice Cream Social Blondin Green</p>				