

**It is not possible or appropriate for all residents to attend all activities. Please see the Activity Aide on your Unit for details.**

**MARCH 2019**

**Individual Exercises – Tuesday & Friday 10 - 11:30 in the Activity Room.  
Group Exercises - Monday & Thursday 10:30 - 11 in the Activity Room**

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday              |
|--|---|--|---|--|---|-----------------------|
|  |   |  |   |  | 1<br>10:30 RC Mass<br>1:00 Art Group <b>Activity Room</b><br>1:30 Choir Practice <b>Chapel</b><br>1:30 Movie <b>St. Francis</b>           | 2<br>10:30 Hymn Sing  |
| 3<br>10:30 RC Mass                             | 4<br>3:00 Rosary Prayer<br>1:30 Baking <b>Humboldt Square</b><br>1:30 Men's Group <b>Village Square</b><br>1:30 Discussion Group <b>St. Martha</b><br>6:00 Bingo <b>Village Square</b>  | 5<br>10:30 RC Mass(Ashes)<br>1:30 Philharmonic Orchestra <b>Chapel</b><br>1:30 Arts and Crafts <b>Activity Room</b><br>1:30 Ladies Tea <b>St. Joseph</b><br>1:30 Sensory Group <b>Wisdom</b><br>6:00 Sing Along <b>Dogwood</b><br>6:00 Word Games <b>Grace</b> | 6<br>11:45 Lunch In <b>Activity Room</b>                                      | 7<br>1:30 Bus Drive <b>Floors 3 &amp; 5</b><br>1:30 Blooming Branches <b>Hope</b><br>1:30 Snoezelen <b>Floor 2</b><br>4:00 Piano <b>Dogwood</b>  | 8<br>10:30 RC Mass<br>1:00 Art Group <b>Activity Room</b><br>1:30 Choir Practice <b>Chapel</b><br>1:30 You Be the Judge <b>St. Joseph</b> | 9<br>10:30 Hymn Sing  |
| 10<br>10:30 RC Mass                            | 11<br>1:30 Cider Tasting <b>Activity Room</b><br>1:30 Snoezelen <b>Floor 5</b><br>3:00 Stations of the Cross<br>6:00 Word Games <b>Village Square</b>                                   | 12<br>10:30 RC Mass<br>1:30 Craft <b>Douglas</b><br>1:30 Discussion Group <b>St. Luke</b><br>1:30 Travelling Garden Cart <b>Grace</b><br>6:00 1:1 time <b>Floor 5</b>  | 13<br>10:30 Baptist Service<br>1:30 Games with Students <b>Village Square</b> | 14<br>10:30 Museum Outing<br>1:30 Movie <b>Garry Oak</b><br>1:30 St. Patrick's Flowers <b>Village Square</b><br>4:00 Piano <b>Harmony</b>  | 15<br>10:30 RC Mass<br>1:00 Art Group <b>Activity Room</b><br>1:30 St. Patrick's Day <b>Village Square</b>                                | 16<br>10:30 Hymn Sing |
| 17<br>10:30 RC Mass                            | 18<br>11:00 United Church Service<br>1:30 Chamber Music <b>Humboldt</b><br>1:30 Men's Group <b>Village Square</b><br>3:00 Stations of the Cross<br>6:00 Pub Night <b>Village Square</b> | 19<br>10:30 RC Mass<br>1:30 Philharmonic Orchestra <b>Chapel</b><br>1:30 Snoezelen <b>Floor 4</b><br>1:30 Sing Along <b>Douglas</b><br>1:30 Planting Bulbs <b>Grace</b><br>6:00 Cooking Program <b>Dogwood</b><br>6:00 Nature Talk <b>Harmony</b>              | 20<br>1:30 Birthday Celebration with the Songbirds <b>Village Square</b>      | 21<br>11:00 Veteran's Lunch Outing<br>1:30 Green Thumbs <b>Hope</b><br>4:00 Piano <b>Humboldt</b>  | 22<br>10:30 RC Mass<br>1:00 Art Group <b>Activity Room</b><br>1:30 Choir Practice <b>Chapel</b>   | 23<br>10:30 Hymn Sing |
| 24<br>10:30 RC Mass<br>1:30 Anglican Communion | 25<br>1:30 Chimes Practice <b>Activity Room</b><br>1:30 Snoezelen <b>Floor 3</b><br>3:00 Stations of the Cross<br>6:00 Travel Documentary <b>Village Square</b>                         | 26<br>10:30 RC Mass<br>1:00-2:30 Target Theatre Production <b>Chapel</b><br>6:00 Movie <b>Grace</b><br>6:00 Drawing/Colouring <b>Dogwood</b>   | 27<br>1:30 Happy Hour with Byron Woods <b>Village Square</b>                  | 28<br>1:30 Bus Drive <b>Floors 2 &amp; 4</b><br>2:30 - 3 <sup>rd</sup> floor Open House<br>Welcome in Village Square<br>3:00-4:00 Open House 3 <sup>rd</sup> floor<br>4:00 Piano <b>St. Joseph</b> | 29<br>10:30 RC Mass<br>1:00 Art Group <b>Activity Room</b><br>1:30 Choir Practice <b>Chapel</b>   | 30<br>10:30 Hymn Sing |
| 31<br>10:30 RC Mass                            |   |  |   |  |   |                       |