



Dear Residents, Family Members & Friends:

The chill of the cool air is upon us.

A reminder if you have any respiratory or gastrointestinal symptoms even if mild, please do not visit your loved one at Mount St. Mary. By doing this, you help keep all residents and staff safe.

Our Influenza immunization program for residents will commence in October; as will our program for providing the booster (3rd) COVID-19 vaccine.

- Resident's require consent to receive the booster.
- We will keep you updated as to when the booster will be given.

Please do visit our Facebook page to see all the great activities our residents are participating in. We are thrilled to have our wonderful Volunteers back on-site and to expand our programs including our Chapel Services.

We are engaging in our Strategic Planning process this month. Please stay tuned for when we send the DRAFT Plan for your review and input.

With very best wishes to you and yours for a lovely Thanksgiving.  
~ Sara John Fowler, CEO



HAPPY THANKSGIVING

# Make a Will Week

## October 3—9, 2021

The purpose of Make-A-Will Week in BC is to encourage the public to write their will or bring an existing will up-to-date. If you don't have a will, you're not alone. **According to a 2018 survey for BC Notaries, just 44% of British Columbians have a signed, legally valid and up-to-date will.**

A will is the best way to ensure the people, charities and organizations you cherish receive the benefit of your estate. If you die without a will, your estate may not be distributed the way you would have wished, and the costs of administering your estate may also be higher.

The cost to have a will written depends on the complexity of your situation. You can ask a notary or lawyer for an estimate.

Residents, families, volunteers, and staff are grateful to everyone who remembers Mount St. Mary Hospital in their will. These gifts - both small and large - have a tremendous impact on the lives of those living here. They fund renovations and important programs and purchase urgently needed equipment. If you would like more information about opportunities to make a gift through your will, please contact Jane at 250-480-3138 or [jbowers@mountstmary.ca](mailto:jbowers@mountstmary.ca)



Mount St. Mary Hospital receives 50% of the net profits from the sale of heated mattress pads at Heirloom Linens in October. Perfect as the colder weather is upon us or for Christmas or holiday presents—you can help us raise funds for residents!

***This is a fundraiser for Mount St. Mary and the product is NOT appropriate for resident use.***

**Heated Mattress Pads**  
Keeps you warm and cozy - 8 Heat Settings - Auto shut off

Twin	Dbl
<b>119.99</b>	<b>139.99</b>
Queen	King
<b>169.99</b>	<b>199.99</b>



50% of the Net Profits will be donated to



**MOUNT ST. MARY**  
CARE WITH COMPASSION



**Heirloom Linens**  
"We only sound expensive!"  
[heirloomlinens.com](http://heirloomlinens.com)

380 - 777 Royal Oak Drive  
M - S 9:30 - 5:30 Sun 11 - 5  
**250 744-1717**