

February 2024

St Martha, St Francis, St Joseph, St Luke

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
VS - Village Square AR - Activity Room C - Chapel			Year of the Dragon	1 10:30 Stretch & Strength – AR 10:30 Valentine Crafts - Luke	2 9:45 Stretch & Strength A/R 10:30 Snoezelen - Luke 1:30 Art Group – AR 1:30-Coloring-Joseph 1:30 Travel & Treat - Francis	3 10:30 Hymn Sing
4 10:30 Mass Chapel	5 10:30 Crafts - Luke 11:00 Music Therapy Francis 1:30 Stretch & Strength 1:30 Cookie Dec- Joseph 1:30 Stretch & Strength -AR	6 10:30 Mass Chapel 10:30 Stretch & Strength AR 10:30 Balloon Toss - Francis 10:30 Zinnia – Luke 1:30 Valentine’s Craft- Martha 1:30 Java Club-AR 6:15- Global Bingo V/S	7 10:30 Morning Wakeup – Luke 10:30 Anglican -C 10:30 Zinnia - Martha 11:30 Lunch (invite)	8 10:30 Stretch & Strength AR 10:30 Coloring - Francis 1:30 Visits - Luke 1:30 National Pizza Day Martha	9 9:45 Stretch & Strength-AR 10:30 Snoezelen - Luke 1:30 Chines New Year Celebration VS	10
11 10:30 Mass Chapel 11:00 Cello with Mary- VS	12 11:00 Music Therapy – Francis 1:30 Hand Massage and Manicure – Joseph 1:30 Stretch & Strength -AR	13 10:30 Mass Chapel 10:30 Stretch & Strength AR 10:30 Balloon Toss - Francis 1:15 Birthday Party V/S 6:15 Chimes Practice V/S	14 10:30 Snoezelen – Francis 10:30 Ecumenical -C 1:30 Valentine’s Tea- VS	15 10:30 Stretch & Strength - AR 10:30 Morning wake up – Luke 1:30 Games with students V/S 1:30 Movie - Martha 3:15 Harp - Luke &Francis	16 9:45 Stretch & Strength-AR 10:30 Snoezelen - Luke 1:30 Coloring - Francis	17 10:30 Hymn Sing
18 10:30 Mass Chapel	19  Family	20 10:30 Mass Chapel 10:30 Stretch & Strength AR 10:30 Morning Walks Luke 10:30 Garden walks - Francis 1:30 Visits – Martha 6:15 Games V/S	21 10:30 Hand Massage & Manicure-Luke 10:30 Visits – Martha 11:00 Sports Lunch (Hockey Fans ONLY) - AR	22 10:30 Stretch & Strength A/R 10:30 Puzzles - Francis 1:30 Zinnia - Luke 1:30 Chinese New Year Craft St. Josenh	23 9:45 Stretch & Strength – AR 10:30 Visits - Luke 11:30 Couple Brunch-A/R 1:30 Art group-AR 1:30 –Visits- Joseph 1:30 Snoezelen - Francis	24
25 10:30 Mass Chapel 11:00 Cello with Mary- VS	26 10:30 Snoezelen - Luke 11:00 Music Therapy - Francis 1:30 Stretch & Strength -AR 1:30 Coloring - Joseph	27 10:30 Mass Chapel 10:30 Stretch & Strength - AR 10:30 Balloon toss - Francis & Luke 1:30 Zinnia - Martha 6:15 Chimes Practice VS	28 10:30- Zinnia - Joseph 10:30 Snoezelen - Francis 2:00 TED Talk - AR	29 10:30 Stretch & Strength A/R 10:30 Coloring - Luke 1:30 Sing along - Martha	Please speak to Anita Recreation Therapist if you are interested in attending the BBQ, Java club, TED Talks, Art Group and Lunch Programs	