





August 2024

MSM Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Key: VS – Village Square A/R – Activity Room C – Chapel</p> <p>Please note: Residents can attend programs on other floors but priority will be given to those who live on those floors should numbers exceed the space. Please speak to Anita Recreation Therapist if you are interested in attending Java club, TED Talk, Friday Art Group and Lunch Programs</p>				<p>1</p> <p>10:30 Exercises A/R 10:30 Zinnia TV Garry Oak 10:30 Garden Walks Harmony 1:30 Olympic Jeopardy VS 1:30 Connections Walks 3rd</p>	<p>2</p> <p>10:30 Music with Laura Harmony 10:30 Exercise Wisdom 10:30 Spa Fairfield 1:30 Art Group A/R 1:30 Games Group Burdett 1:30 1:1 Connections Martha, Joseph & Harmony</p>	
<p>4</p> <p>10:30 RC Mass Chapel</p>	<p>5</p> <p style="text-align: center;">  Happy BC Day! </p>	<p>6</p> <p>10:30 Exercise A/R 10:30 RC Mass Chapel 1:30 Olympic Movie VS 1:30 Guess How Much Humboldt 6:15 Bingo VS</p>	<p>7</p> <p>10:30 Anglican church 10:30 Exercises Dogwood(K) 10:30 Poetry St Joseph 1:30 Ice Cream Truck 3rd 6:15 Travel Log VS</p>	<p>8</p> <p>10:30 Exercises A/R 10:30 Garden Walks 4th 10:30 Zinnia Harmony 1:30 Bowling VS 1:30 Connections and Walks 3rd</p>	<p>9</p> <p>10:30 Music with Laura Garry Oak 10:30 Exercise Hope 10:30 Spa Humboldt 1:30 Art Group A/R 1:30 Olympic Relay VS</p>	<p>10</p> <p>10:30 Hymn Sing</p>
<p>11</p> <p>10:30 RC Mass Chapel 11:00 Cello With Mary VS</p>	<p>12</p> <p>10:30 Puzzles Grace 10:30 Steve's Rock Music Dogwood 1:30 Exercises AR 1:30 Garden Walks 4th 1:30 Movie Wisdom</p>	<p>13</p> <p>10:30 Exercise AR 10:30 RC Mass Chapel 10:30 Coffee & News Grace 1:15 Birthday Party VS 6:15 Chimes VS</p>	<p>14</p> <p>10:30 Ecumenical Service 10:30 Music Therapy with Alan 10:30 Exercises Dogwood 11:00 Sports Lunch In (Ball Fans ONLY) A/R 1:30 Baking Douglas 6:15 Jeopardy A/R</p>	<p>15</p> <p>10:30 Exercises A/R 10:30 Armchair Travel St. Joseph 1:30 Margarita's in Blondin Green</p>	<p>16</p> <p>10:30 Exercise Wisdom 10:30 Spa Burdett 1:30 Art Group A/R 1:30 Games Group Burdett 1:30 Reminisce Hope</p>	
<p>18</p> <p>10:30 RC Mass Chapel</p>	<p>19</p> <p>10:30 Story Reading Grace 10:30 Bocce Ball Dogwood 1:30 Exercises A/R 1:30 Spa Arbutus</p>	<p>20</p> <p>10:30 Exercise AR 10:30 RC Mass Chapel 10:30 Armchair Travel St Martha 1:30 Ladies Tea Arbutus 1:30 Bingo Fairfield 6:15 Chimes VS</p>	<p>21</p> <p>10:30 Music Therapy with Alan Cedar 10:30 Zinnia St Martha 10:30 Story Reading Grace 1:30 Outdoor Walk to Harbour 1:30 Arts and Crafts Fairfield 6:15 Whine Down Wednesday A/R</p>	<p>22</p> <p>10:30 Exercises A/R 10:30 Puzzles Harmony 10:30 Morning Pampering 5th 1:30 National Toasted Marshmallow Day In Blondin Green</p>	<p>23</p> <p>10:30 Music with Laura Garry Oak 10:30 Spa Douglas 1:30 Art Group A/R 1:30 Games Group Burdette 1:30 Picnic In The Park</p>	<p>24</p> <p>10:30 Hymn Sing</p>
<p>25</p> <p>10:30 RC Mass Chapel 11:00 Cello with Mary VS</p>	<p>26</p> <p>10:30 Resident Connections 5th 10:30 Ball Game Douglas 10:30 Walks 3rd 1:30 Exercises A/R 1:30 Crafts Garry Oak 1:30 Outdoor Walks 5th</p>	<p>27</p> <p>10:30 Exercise A/R 10:30 RC Mass Chapel 10:30 Poetry Reading Harmony 10:30 Coffee and News Hope 1:30 Musical Connections St Martha 1:30 Outdoor Walks 1:30 You Be The Judge Hope 6:15 Chimes VS</p>	<p>28</p> <p>Social Connections Before And After BBQ 11:00 BBQ (Chicken & Corn) In Blondin Green 2:00 Ted Talk 6:15 Funny Animal Videos AR</p>	<p>29</p> <p>10:30 Exercises A/R 10:30 Garden Walks 2nd&4th 10:30 Funny Things Kids Do St. Joseph 10:30 Morning Pampering 5th 1:30 Chimes Concert Chapel</p>	<p>30</p> <p>10:30 Music with Laura Harmony 10:30 Exercise Wisdom 10:30 Spa Fairfield 1:30 Art Group A/R 1:30 Beach Party in Blondin Green</p>	