







# October 2024

# MSM Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Key: VS – Village Square A/R – Activity Room C – Chapel	1 10:30 Exercise A/R 10:30 RC Mass Chapel 10:30 International Coffee Day Hope 1:30 Short stories Humboldt 6:15 Bingo VS 1:30 Discussion Group Hope	2 10:30 Anglican Church 10:30 Music Therapy with Alan Cedar Resident Connections throughout the day 11:00 Lunch In (A/R) 6:15 Movie A/R	3 10:30 Exercises A/R 10:30 Bread Making Cedar 10:30 Zinnia St Joseph 10:30 Puzzles Grace 1:30 Resident Connections 4th 1:30 October Fest Beer Tasting A/R	4 10:30 Autumn Songs with Laura Harmony 10:30 Exercise Wisdom 10:30 Spa Fairfield 1:30 Art Group A/R 1:30 Game Group Burdett 1:30 Pumpkin Pecan Cake Grace	5  10:30 Hymn Sing
6 10:30 RC Mass Chapel 	7 10:30 Bowling Arbutus 10:30 Steve's Rock Music Group Dogwood 1:30 Exercises A/R 1:30 Baking Dogwood	8 10:30 Exercise A/R 10:30 RC Mass Chapel 10:30 Funnyl Videos St Joseph 10:30 Coffee & News Hope 1:30 Thanksgiving Tea VS 6:15 Chimes Practice VS	9 10:30 Ecumenical Service 10:30 Music Therapy Cedar 10:30 Exercises Dogwood 10:30 Outdoor Walks 5 <sup>th</sup> <b>1:30 Birthday Party VS with Mathew</b> 6:15 Jeopardy A/R	10 10:30 Exercises A/R 10:30 Short Stories Harmony 10:30 1:1 Leisure Interest 5 <sup>th</sup> 1:30 Resident Connections 3 <sup>rd</sup> 1:30 Craft Grace	11 10:30 Autumn Songs with Laura Garry Oak 10:30 Exercise Hope 10:30 Spa Humboldt 1:30 Art Group A/R 1:30 Game Group Burdett 1:30 1-1 Resident Connections	12  10:30 Hymn Sing
13 10:30 RC Mass Chapel 11:00 Cello with Mary VS	14 	15 10:30 Exercise A/R 10:30 RC Mass Chapel 10:30 Coffee & News Grace 1:30 Java Club A/R 1:30 Scrabble Garry Oak 6:15 Chimes Practice VS	16 10:30 Music Therapy Cedar <b>10:00 Election Day A/R</b> 6:15 Let's Try Something New A/R	17 10:30 Exercises A/R 10:30 Morning Pampering 5 <sup>th</sup> 10:30 Bread Making Garry Oak 1:30 Resident Connections 2&3 1:30 Leisure Interests 1:30 You Be The Judge Hope	18 10:30 Exercise Wisdom 10:30 Spa Burdett 1:30 Art Group A/R 1:30 Game Group Burdett	19 10:30 Hymn Sing
20 10:30 RC Mass Chapel	21 10:30 Bocce Ball Dogwood 10:30 Balloon Toss St Joseph 1:30 Exercises A/R 1:30 You Be The Judge Hope	22 10:30 Exercise A/R 10:30 RC Mass Chapel <b>1:30 Bingo VS</b> 1:30 Spa Wisdom 6:15 Chimes Practice VS	23 10:30 Music Therapy Cedar 10:30 Exercises Dogwood 1:30 Baking Douglas 2:00 TED Talk A/R 6:15 You Be The Judge A/R	24 10:30 Exercises A/R 10:30 Garden Walks 1:30 Halloween Movie Garry Oak 1:30 Resident Connections 3rd 2:00 Stay Sharp Hope	25 10:30 Music with Laura Garry Oak 10:30 Exercise Hope 10:30 Spa Douglas 1:30 Art Group A/R 1:30 Games Group Burdett	26 
27 10:30 RC Mass Chapel 11:00 Cello with Mary VS	28 10:30 Story Reading Grace 10:30 Balloon Toss Arbutus 10:30 Autumn Songs Fairfield 1:30 Exercise AR 1:30 Halloween Movie Wisdom 1:30 Halloween Craft Dogwood	29 10:30 Exercise A/R 10:30 Coffee & News Grace 10:30 1:1 Manicure 4 <sup>th</sup> 1:30 Pumpkin Carving VS 6:15 Chimes Practice VS	30 10:30 Music Therapy Cedar 10:30 Poetry St Joseph 1:30 Cake Decorating Grace 1:30 Coffee House in Holland Humboldt 6:15 Funny Animal Videos A/R	31 <b>Happy Halloween!!!</b> 10:30 Exercises A/R 10:30 Hands Project 4 <sup>th</sup> 10:30 Baking Grace <b>1:30 Halloween Party VS</b>	<b>Please note:</b> Residents can attend programs on other floors but priority will be given to those who live on those floors should numbers exceed the space. <b>Please speak to Anita Recreation Therapist if you are interested in attending Java Club, TED Talk, Friday Art Group and Lunch Programs</b>	