






# February 2025

# MSM Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SAT
<p>Key: VS – Village Square A/R – Activity Room C – Chapel</p>	<p><b>Lunar New Year (Jan 29 – Feb 12)</b></p> 	<p>Please note: Residents can attend programs on other floors but priority will be given to those who live on those floors should numbers exceed the space. Please speak to Anita Recreation Therapist if you are interested in attending Bus Outings, Java Club, TED Talk, Friday Art Group and Lunch Programs</p>				<p>1 10:30 Hymn Sing-Chapel</p>
<p>2 10:30 RC Mass Chapel</p>	<p>3 10:30 Travelogue: The Yukon – Land of the Midnight Sun Dogwood 10:30 Short Stories Grace 1:30 Exercises A/R 1:30 Social Visits 1-1</p>	<p>4 10:30 RC Mass Chapel 10:30 Social Visits 1-1 4<sup>th</sup> 10:30 Coffee &amp; News Hope 10:30 Pampering 1-1Martha 1:30 Spa &amp; Relaxation Arbutus 6:15 Chimes A/R</p>	<p>5 10:30 Anglican Chapel 10:30 Music Therapy with Alan Garry Oak Social Visits 1-1 All Day <b>11:30 CNY Lunch In A/R (All)</b> 6:15 Bingo VS</p>	<p>6 10:30 Making bread Fairfield 10:30 Exercises A/R 10:30 Social Visits 1-1 4<sup>th</sup> 10:30 Baking Hope 1:30 Social Visits 1-1 Fairfield <b>1:30 Chinese New Year Celebrations VS</b></p>	<p>7 10:30 Music Garry Oak 10:30 Exercise Hope <b>12:30-1:30 Drop In Meditation C</b> 1:30 Art Group AR 1:30 Games Group 1:30 Bus Drive 1:30 Bible Study with Greg C</p>	<p>8 </p>
<p>9 10:30 RC Mass Chapel 11:00 Cello with Mary VS</p>	<p>10 10:30 Bowling Arbutus 10:30 Steve’s Rock Program Dogwood 10:30 Pampering 5<sup>th</sup> 1:30 Exercises A/R 1:30 Movie Wisdom</p>	<p>11 10:30 Hand Massage Garry Oak 10:30 RC Mass Chapel 10:30 Zinnia TV Cedar 10:30 Coffee &amp; News Grace <b>1:15 Birthday Party VS (All)</b> 6:15 Chimes VS</p>	<p>12 10:30 Ecumenical Chapel 10:30 Music Therapy Garry Oak 10:30 Exercises Dogwood 1:30 Word Games Burdett 1:30 Cribbage Burdett <b>1:30 Valentine’s Surprise A/R</b> 6:15 You be the Judge A/R</p>	<p>13 10:30 Making Bread Douglas 10:30 Exercises A/R 10:30 Social Visits 1-1 10:30 Leisure Interests 1:30 Social Visits 1-1 Douglas 1:30 Bus Drive</p>	<p>14 10:30 Music Laura Harmony 10:30 Exercise Hope 10:30 Spa Douglas <b>12:30-1:30 Drop In Meditation C</b> 1:30 Art Group AR 1:30 Games Burdett <b>1:30 Singing Telegram</b> 1:30 Bible Study with Greg-C</p>	<p>15 10:30 Hymn Sing</p>
<p>16 10:30 RC Mass Chapel</p>	<p>17 </p>	<p>18 10:30 Balloon Toss Cedar 10:30 RC Mass Chapel <b>8:00 Java Breakfast A/R</b> 1:30 Spa Fairfield 1:30 Bingo Gary Oak 1:30 Movie Wisdom 6:15 Chimes for Service Chapel</p>	<p>19 10:30 Music Therapy Garry Oak 10:30 Exercises Dogwood <b>11:00 Sports Lunch A/R</b> 1:30 Mental Aerobics Humboldt 2:00 Ted Talk A/R 1:30 Word Games Garry Oak 6:15 Jeopardy A/R</p>	<p>20 10:30 Making Bread Burdett 10:30 Exercises A/R 10:30 Garden Walks 4<sup>th</sup> 10:30 Short Stories St Joseph 10:30 Morning Pampering 5<sup>th</sup> 1:30 Games with Students VS 1:30 Baking Dogwood 1:30 Social Visits 1-1 Burdett</p>	<p>21 10:30 Sing Along Garry Oak 10:30 Exercise Hope (M) <b>12:30-1:30 Drop In Meditation C</b> 1:30 Art Group AR (M) 1:30 Horse Races VS (S,SD) 1:30 Bible Study with Greg-C</p>	<p>22 </p>
<p>23 10:30 RC Mass Chapel 11:00 Cello with Mary VS</p>	<p>24 10:30 Social Visits 5<sup>th</sup> 10:30 Bocce Balls Douglas 1:30 Exercises A/R 1:30 Funny Family Videos Dogwood 2:30 Piano with Sue VS</p>	<p>25 10:30 RC Mass Chapel 10:30 Zinnia TV Burdett 10:30 Armchair Travel Arbutus 10:30 Coffee and News Hope 1:30 Bingo Fairfield 1:30 Armchair Travel St Joseph 1:30 Bus Drive 6:15 Chimes VS</p>	<p>10:30: United Chapel 10:30 Music Therapy Garry Oak 10:30 Exercises Dogwood 10:30 Pampering St Martha 1:30 Men’s Group Hope 1:30 Pizza DIY Douglas 6:15 Funny Animal Home Videos</p>	<p>27 10:30 Making Bread Humboldt 10:30 Exercises A/R 10:30 Reminiscing St Joseph 10:30 Bread Making Garry Oak 1:30 Social Visits 1-1 Humboldt 1:30 Funny Animal Videos Harmony (M) 1:30 Fun Challenges Dogwood</p>	<p>28 10:30 Sing Along Harmony 10:30 Exercise Hope 10:30 Spa Burdett <b>12:30-1:30 Drop In Meditation C</b> 1:30 Art Group AR 1:30 Games Burdett</p>	<p></p>