



## Mount St. Mary Hospital Position Description

<b>POSITION TITLE:</b>	Clinical Dietitian	<b>BARGAINING UNIT:</b>	HSA
<b>DEPARTMENT:</b>	Resident Care	<b>CLASSIFICATION TITLE:</b>	Dietician (30200)
<b>REPORTS TO:</b>	Director, Resident Care	<b>GRID LEVEL:</b>	P1
<b>EFFECTIVE DATE:</b>	October 2024		

### **JOB SUMMARY**

The Clinical Dietitian provides nutrition and dietetic services to the individuals living at Mount St. Mary Hospital (MSMH) in accordance with resident needs and best-practices, following MSMH's Mission, Vision, Values, and consistent with established departmental standards and procedures.

### **JOB DUTIES AND RESPONSIBILITIES**

1. Provides nutrition care to residents in consultation with the residents, families and the Resident Care Team. Assesses nutritional status, develops and implements nutrition care plans, monitors, evaluates and documents all aspects of nutrition care activities.
2. Educates residents, families and staff in therapeutic diets and normal nutrition.
3. Maintains nutritional adequacy of menus and standard portions for individual residents and the general resident population.

4. Identifies formula, calculates and implements tube feed regimes for residents with gastrostomy and/or jejunostomy tubes. Establishes meal schedule and flow rate to maximize nutritional well being.
5. Establishes and maintains standards for the provision of therapeutic diets and texture modifications according to IDDSI (International Dysphagia Diet Standardization Initiative), Dietitians of Canada Best Practise Guidelines for Long Term Care, and Residential Care Regulations BC 96 (last amended March 30, 2022).
6. Participates in Quality Improvement activities including developing, revising and evaluating nutrition goals and objectives, performance standards and indicators for clinical nutrition.
7. In collaboration with the Food Services Supervisor, monitors quality of food service and nutrition care and participates in the continuous improvements of clinical practice guidelines.
8. In collaboration with the Food Services Supervisor, provides nutrition orientation and in-service education sessions for food service and interdisciplinary staff.
9. In collaboration with nursing, therapists and the Coordinator, Volunteer Services, provides meal assistance in-services to staff and volunteers as appropriate.
10. In collaboration with the Food Services Supervisor, evaluates and selects nutrition related products and equipment as requested.
11. Maintains resident records and statistics in accordance with hospital and departmental standards.
12. Prepares quarterly reports on clinical nutrition to the Director, Resident Care.
13. Participates in Resident Care Team meetings and Resident Care Conferences as appropriate, liaises with other hospital committees as requested; serves on committees outside the hospital related to the profession of dietetics as required by MSMH.
14. Maintains a safe, secure environment for residents and staff by taking immediate action in situations involving a real or potential risk to persons or property.
15. Reports, investigates, follows up and documents incidents or unusual occurrences following established procedures.
16. Performs other related duties as required.

## **QUALIFICATIONS**

### ***Education, Training and Experience***

- Bachelor of Science degree in Nutrition.
- Current membership in good standing with BC College of Dietitians.
- Qualified to practice or be willing to gain competency for (RA-A) Restricted Activities.
- Two (2) years' recent, related experience as a clinical dietitian/nutritionist in a long-term care setting.

### ***Skills and Abilities***

- Ability to communicate effectively, both verbally and in writing.
- Ability to effectively work with interdisciplinary care team members, other hospital staff, physicians, residents, families and staff of outside agencies.
- Ability to work independently and demonstrate effective problem solving skills.
- Ability to plan, implement, organize and prioritize work.
- Physical ability to carry out the duties of the position.
- Ability to operate related equipment including proficiency in the use of personal computers and applicable software applications.
- Proficiency in providing nutrition care for residents with gastrostomy and/or jejeunostomy tubes.

### **APPROVED:**

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April 10, 2025

Director, Resident Care

Date

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April 10, 2025

Director, Human Resources

Date